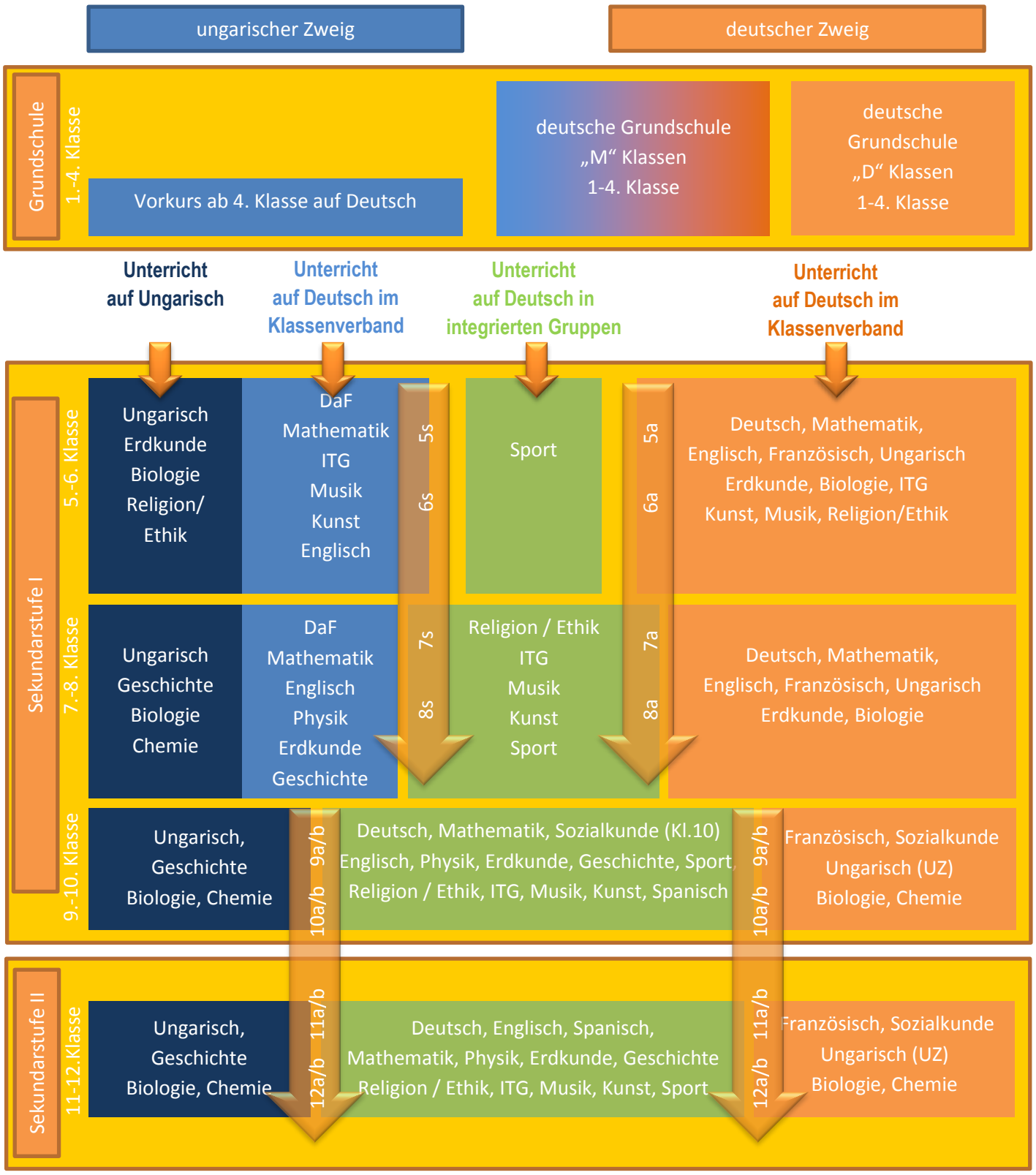Sprachliche Integration